

WEEK COMMENCING: 25TH APRIL, 16TH MAY, 6TH 27TH JUNE, 18TH JULY, 19TH SEPT, 10TH OCT

WEEK 1

MONDAY

Mixed Vegetable Spicy Rice 🌱

Beef Burger in a Bun 🍔
with Potato Wedges

Jacket Potato & Cheese 🌱, Baked
Beans 🌱, Coleslaw 🌱 or Tuna Mayo 🐟

Seasonal Vegetables 🌱

Golden Crispy Cake 🌱

TUESDAY

Quorn Meatballs in Tomato
Sauce, Pasta & Garlic Bread 🌱

Cottage Pie 🍲

Jacket Potato & Cheese 🌱, Baked
Beans 🌱, Coleslaw 🌱 or Tuna Mayo 🐟

Seasonal Vegetables 🌱

Eves Pudding & Custard 🌱

WEDNESDAY

Cheese & Onion Quiche 🌱
with Roast Potatoes

Roast Chicken 🍗
or Roast Pork Yorkshire Puddings,
Roast Potatoes & Gravy

Jacket Potato & Cheese 🌱, Baked
Beans 🌱, Coleslaw 🌱 or Tuna Mayo 🐟

Seasonal Vegetables 🌱

Ice Cream with Peaches &
Fruit Melba Sauce 🌱

THURSDAY

Vegetable Stirfry
with Noodles 🌱
or Rice 🌱

Margherita Pizza 🍕

Jacket Potato & Cheese 🌱, Baked
Beans 🌱, Coleslaw 🌱 or Tuna Mayo 🐟

Seasonal Vegetables 🌱

Jam & Coconut Sponge
with Custard 🌱

FRIDAY

Cheese & Leek Pasty 🌱
with Chips

Fish Fingers & Chips 🐟

Jacket Potato & Cheese 🌱, Baked Beans 🌱,
Coleslaw 🌱, Tuna or Salmon Mayo 🐟

Seasonal Vegetables 🌱

Chocolate Brownie 🌱

WEEK 2

WEEK COMMENCING: 2ND, 23RD MAY, 13TH JUNE, 4TH 25TH JULY, 5TH 26TH SEPT, 17TH OCT

MONDAY

Tomato & Herb Puff 🌱 🌱
with Potato wedges

Quorn Burger 🍔
& Potato Wedges

Jacket Potato & Cheese 🌱, Baked
Beans 🌱, Coleslaw 🌱 or Tuna Mayo 🐟

Seasonal Vegetables 🌱

Chocolate Shortbread 🌱

TUESDAY

Vegetable Lasagne 🌱

Sausage with Mashed Potato 🍲
& Gravy

Jacket Potato & Cheese 🌱, Baked
Beans 🌱, Coleslaw 🌱 or Tuna Mayo 🐟

Seasonal Vegetables 🌱

Peach & Cherry Cobbler 🌱
with Custard

WEDNESDAY

Sweet Potato & Pepper Fittata 🌱
with New Potatoes

Roast Chicken 🍗
or Roast Gammon, Yorkshire Puddings,
New Potatoes & Gravy

Jacket Potato & Cheese 🌱, Baked
Beans 🌱, Coleslaw 🌱 or Tuna Mayo 🐟

Seasonal Vegetables 🌱

Strawberry Vanilla 🌱
Frozen Mousse

THURSDAY

Vegetable Bolognese 🌱 🌱
with Pasta

Chicken & Sweetcorn Pizza 🍕

Jacket Potato & Cheese 🌱, Baked
Beans 🌱, Coleslaw 🌱 or Tuna Mayo 🐟

Seasonal Vegetables 🌱

Pineapple Upside Down Sponge 🌱

FRIDAY

Macaroni Cheese 🌱

Battered Fish & Chips 🐟

Jacket Potato & Cheese 🌱, Baked Beans 🌱,
Coleslaw 🌱, Tuna or Salmon Mayo 🐟

Seasonal Vegetables 🌱

Lemon Courgette Muffins 🌱

WEEK COMMENCING: 9TH 30TH MAY, 20TH JUNE, 11TH JULY, 1ST AUG, 12TH SEPT, 3RD, 24TH OCT

MONDAY

Quorn Hot Dogs 🌱
with Potato Wedges

Margherita Pizza 🍕

Jacket Potato & Cheese 🌱, Baked
Beans 🌱, Coleslaw 🌱 or Tuna Mayo 🐟

Seasonal Vegetables 🌱

Apple Strudel 🌱

TUESDAY

Tomato Pasta Bake 🌱
with Garlic Bread

Meat & Potato Pie, 🍲
Boiled Potatoes & Gravy

Jacket Potato & Cheese 🌱, Baked
Beans 🌱, Coleslaw 🌱 or Tuna Mayo 🐟

Seasonal Vegetables 🌱

Chocolate Sponge 🌱
with Chocolate Sauce

WEDNESDAY

Cheese & Bean Wrap 🌱

Roast Turkey Yorkshire Puddings, 🍗
Roast Potatoes & Gravy

Jacket Potato & Cheese 🌱, Baked
Beans 🌱, Coleslaw 🌱 or Tuna Mayo 🐟

Seasonal Vegetables 🌱

Peach Fool 🌱

THURSDAY

Sweet Potato Curry 🌱 🌱
with Rice

All Day Breakfast 🍳

Jacket Potato & Cheese 🌱, Baked
Beans 🌱, Coleslaw 🌱 or Tuna Mayo 🐟

Seasonal Vegetables 🌱

Sticky Toffee Pudding 🌱
& Custard

FRIDAY

Vegetable Gratin 🌱
With Chips

Fish Fingers & Chips 🐟

Jacket Potato & Cheese 🌱, Baked Beans 🌱,
Coleslaw 🌱, Tuna or Salmon Mayo 🐟

Seasonal Vegetables 🌱

American Pancake 🌱
with Red Berry Sauce

KEY



Vegetarian



Plant Based
Vegan Friendly

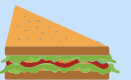


Halal Option
Available



Sustainably
Caught Fish

AVAILABLE
DAILY



A choice
of Filled
Sandwiches



Unlimited
Salad Bar



A choice of
Fresh Fruit

WEEK 3

COMING
SOON



Look out for our new app,
designed to make ordering
and paying for meals
even easier!

Click here for meal ordering
and payment information

BETTER FOR YOU, BETTER FOR THE PLANET

Welcome to our healthiest menu yet!

We've been working hard to improve our recipes so that they're still delicious but also better for you and the planet! One way we've done this is by adding more plant based proteins such as red lentils and cannellini beans and that's meant...



WE'VE REDUCED
SATURATED FAT
BY 8%
PER PORTION



WE'VE ADDED
LENTILS & BEANS
WHICH CONTRIBUTE
TOWARDS PUPILS'
5-A-DAY



WE'VE INCREASED
FIBRE BY ABOUT
60%
PER PORTION

Our nutritionists talk
about the benefits of
the new recipes!



We've reduced our CO₂
emissions by an average of
420g per meal
with these new recipes!

That's the equivalent of
driving a medium sized
petrol car for almost a mile.

WHY NOT TRY ONE OF OUR RECIPES AT HOME?

Spaghetti Bolognese is a family favourite, our take on this classic will prove just as popular but is better for you & the planet!



CONTACT US:

- ✉ Payments and Meal Ordering
- ✉ Nutrition Guidance

FOLLOW US:

🐦 @ISS_Education



CLICK HERE
TO VISIT OUR
WEBSITE

MADE FROM GREAT INGREDIENTS,
BY AWESOME PEOPLE!



The menus are accredited by the Soil Association - meaning all our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.



OVER 80% OF OUR DISHES ARE
FRESHLY PREPARED EACH DAY

ALL OF THE EGGS WE USE ARE
FREE RANGE & RSPCA ASSURED



Our ingredients are sourced from local and UK suppliers wherever possible - a fact we love to show off through our partnership with Love British Food.

Terrific VALUE

...AND ABSOLUTELY FREE
FOR MANY, INCLUDING
EVERY CHILD IN KS1!



CHOOSING FREE SCHOOL MEALS

If your child is in key stage 1 or your family is entitled to certain benefits - it could save you around £400 every year.



FOR KS2 CHILDREN, OUR MEALS OFFER GREAT VALUE

Few places offer homemade two course meals made from great ingredients at such a good price.



Sophie Crosswaite, Nutritionist, shares her thoughts on the value of school lunches



CLICK HERE TO FIND OUT
HOW MUCH YOU CAN SAVE